

# Supplies Needed for Medical Relief Trips

## PRESCRIPTION MEDS

(Due to customs issues, we CANNOT accept an expired prescription meds.)

## **IV HYDRATION FLUIDS \*\***

## **STEROIDAL SKIN CREAMS \*\***

## **NONSTEROIDAL SKIN CREAMS \*\***

## **ANTIBACTERIALS**

(Please stick to broad spectrum/respiratory antibiotics\*\* and anything listed below)

Amxcln/Clxaclln/Diclo/Augmntn

2<sup>nd</sup>/3<sup>rd</sup> Gen Cephalosporins

Cefoxitin/Cefotaxime

Ceftriaxone/Ceftizoxime

Clindamycin

TMP-SMX – Bactrim/Spectra

Doxycycline/Minocycline

Erythromycin/Calrith/Azithrmcn

Ciprofloxacin

Chloramphenicol/Metronidazo le

## **ANTI-FUNGALS\*\***

Topical Amphotericin B

Fluconazole/Voriconazole -

Topical and systemic

Flucytosine

## **ANTI-PARASITICS -topcal&systemic\*\***

Metronidazole

Furazolidone/ Quiancrine

## **ANTI-MALARIAL\*\***

(treatmnt,,not prophylaxis)

Chloroquine/Primaquine

## **ANTI-HELMINTHIC (worms) \*\***

Mebendazole

Cimetidine/Praziquantel

## **LICE/SCABIES \*\***

Malthion/Premetherin/Crotamiton

Eliminate/Nix/Eurax/etc

## **ANTI-PYRETICS**

## **ANTI-TUSSIVES**

## **GI MEDICATIONS -**

Bismuth/Salicylate

Nexium/Prevacid/etc

## **ANTI-ASTHMATIC –tablet and elixir**

Corticosteroids

Inhalants (steroidal/nonsteroidal)

Leukotriene receptor antagonist

## **ANTIHISTAMINES**

Zyrtec/etc

## **RESPIRATORY INHALANTS**

Flonase/Rhinocort/etc

## **OTC MEDICATIONS**

(We CAN accept expired OTC meds)

Daily Multivitamins \*\*

Pre-natal and Children's Vitamins \*\*

Acetaminophen/Ibuprofen

Aspirin – 81mg/325mg

Benedryl (liquid/tablets)

Antacids – Liquid/Tablets

Adult Cold/Allergy/Sinus Meds

Childrens Cold/Allergy/Sinus Meds

Baby Tylenol Drops

Eye drops – Allergy/Moisturizing

Nasal Sprays – Decongestant/Saline

## **PRESCRIPTION EYE GLASSES**

## **DENTAL/ORAL \*\***

Toothbrushes/Toothpaste

Dental Floss/ Mouthwash

Fluoride Wash/Fluoride Treatments

Pacifiers/Teething Rings

Topical Oral Anesthetics

Orajel/Baby Orajel

## **FIRST AID/MISC**

Latex Condoms

Sanitary napkins

Tampons

Diapers

Surgilube

Antibacterial Creams/Ointments

Hydrogen Peroxide/Alcohol

Aloe Vera/Burn Sprays/Creams

Band-aids/wraps

Antibacterial Hand Sanitizer

Latex gloves

Gauze/Tape/Splinting material

Cotton Balls/Q-Tips

Flip-flops (sandals)

Foot Fungus Creams

Adult/Child ren's Clothing

Pens/Paper pads

Prescription Dosing Guides/Programs

Teaching Models / Posters \*\*

## **SURGICAL SUPPLIES**

New "birthing kits"- hemostats,scissors

Surgical hand washing soap

Sterile surgical gloves (all sizes)

Sterile Syringes

Suture kits, Trauma shears

Cord clamps

## **DEVICES**

Glucometer/Glucometer strips

Rapid Strep Test/Pregnancy Tests

Autoclave/Oxygen monitors for incubators

Fetal pulse-ox monitors

Fetal Doppler

BP cuffs & valves (all sizes)/ Stethoscopes

Portable EKG

Battery-run Ophthalmoscopes/Otos copes

Pen Lights

Body Weight Scales/Height Guides

Tuberculin/PPD Test kits \*\*

Breathing Masks

Nebulizers

\*\* especially high need in regions traveled